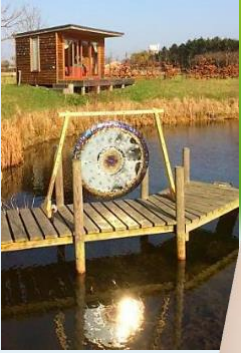


#EMERGINGPROUD

Sacred Space Weekend Retreat



JOIN ME FOR SOME SHARING AND NOURISHING BREATHING SPACE

Do you relate to having had a NOTE (non-ordinary transcendent experience) which has changed your perception of yourself and the world?

Do you feel alone in navigating the challenges of this experience in your everyday life?

Would you like some 'time out' with others who understand to focus on what this means to YOU?

Join myself and an intimate group of fellow 'Experiencers' to share in a safely held space together

This retreat will offer sharing circles, resources, relaxation and replenishment in the lovely natural surroundings at Breathing Space in Norfolk.

"Time spent connecting is time well spent."

Friday 19th to Sunday 21st April 2019
Limited spaces; Shared Room: £249, Single Room £299,
Fully inclusive of all meals

Email Katie at: mendthegap@hotmail.com



Mindful connection and Relaxation



Reignite your fire within

Find out more about our outstanding retreat venue in the beautiful Norfolk Broads:

<http://www.breathingspacenorfolk.com>

Breathing
Space...
for Women

